

This week, Pastor Sharon brought a message on "Thinking Excellent Thoughts", part 8 of the 10 part series on "Power Verses For Transformation". Sharon points out that your thought life includes all aspects of your being and that you tend to live out what your mind dwells on. Therefore, since your actions in life follow your thoughts, it is very important to pay close attention to what you habitually think about.

There are two simple "Laws of the Mind". First, there is the "Law of Cognition" which says that you essentially are what you think. Second, there is the "Law of Exposure" which says that the mind tends to think the most about whatever it is exposed to. These two laws emphasize the importance of managing your thought life. God created a fantastic thing when He created your mind, but it is up to you to use it well. The everyday things of your current society are frequently used by the enemy to attempt to capture your thoughts and your attention. Satan creates a battle in your mind as he tries to prevent you from hearing the Holy Spirit. Television, literature, movies, and the internet bombard you constantly with provocative imagery. Unless you submit your thought life to the Lordship of Jesus Christ, you will end up fixated on things that will lead you to moral failure.

The standards of the world (those that do not know who God is) will become your moral measuring stick. You will be lulled into believing that you can live a lawless life and that somehow that lifestyle will still be acceptable to God. How do you keep this from happening to you? Stop feeding yourself on what is hurtful and instead seek out that which is helpful. It takes a conscious effort to consistently make the choices that will change your mind from a worldly mind into a spiritual mind. Fortunately, God is always ready to show you what you need to meditate on so that you can win the battle in your mind. As you read His Word, God will renew the areas that have been dulled through disuse or misuse. As you listen to His voice, He will lead you into a successful life and a transformed mind. What is your mind fastened on??