

This week, Pastor Sasha brought us the 4th part of the 7 part series on "BIG BIG GOD". She emphasized that God, as creator, modeled an often over-looked and yet very important behavior for us. After He had created all things, He RESTED! God did not rest because He was tired. He rested because He had finished His creation. God wants us to know that we too are designed for "rest" after we have worked. This "Sabbath rest" is so important for us that He made it one of the Ten Commandments that He gave Moses on the mountainside in the wilderness. We have been given one day (and it may be a different day than Sunday) where He expects us to spend some time with Him and to spend some time recharging our "batteries" away from work. Mark 2:27 reminds us that "the Sabbath was made for man" and not the other way around. In a world where the media and the pressures of "life" scream that we must "work harder", "go faster", and that "our value lies in what we can produce", God's voice reminds us that He "expects us to rest". The world will not end. We won't lose everything we have. If we hear His word and take one day in seven to rest, we will be far more productive in the other six. God even says in Leviticus 25 that the land his people farmed should also observe a Sabbath. Every seventh year, they were not to cultivate or to harvest their field, but to let it rest. In the desert, Mannah would fall from heaven for six days, but none would fall on the seventh. Instead God would cause a double portion to fall on the sixth day and provide food for His people on the seventh, their day of rest. The "Sabbath" is built into the fabric of creation. Will you dare to trust God's design and to take "a day off" from working?