

# SOULOLOGY

## God's "Food Pyramid" For Your Soul

Body for God Part 3 of 5

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### What is soulology?

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*"Love the Lord your God with all your heart and with all your soul and with all your mind and with all your strength."*

*Mark 12:30*

### How is your spiritual Diet?

#### 1. The Bible is your \_\_\_\_\_.

*"Then Jesus declared, 'I am the bread of life. He who comes to me will never go hungry, and he who believes in me will never be thirsty.'" John 6:35*

*"...solid food is for the mature, who by constant use, have trained themselves to distinguish good from evil."*

*Hebrews 5:14*

#### 2. The Holy Spirit is your \_\_\_\_\_.

*"But the Counselor, the Holy Spirit, whom the Father will send in my name, will teach you all things and will remind you of everything I have said to you."*

*John 14:26*

#### 3. The church is your \_\_\_\_\_.

*"...continue to work out your salvation with fear and trembling, for it is God who works in you to will and to act according to his good purpose."*

*Philippians 2:12-13*

*"Therefore, encourage one another and build each other up, just as in fact you are doing."*

*1 Thessalonians 5:11*

#### Christ is Your \_\_\_\_\_.

*"Take my yoke upon you, and learn of me; for I am meek and lowly in heart: and ye shall find rest unto your souls. For my yoke is easy, and my burden is light."*

*Matthew 11:29-30*