

Bodyology: Getting Physical With God

Body for God Part 1 of 5

January 20-21, 2007

“...Honor God with your body.”

1 Corinthians 6:20 (NIV)

You may not hear this in church very often but...our bodies matter to God. God has demonstrated from the very beginning of time, with the special creation of man, to the very end, with the bodily resurrection of the believer in Christ, that He places supreme importance on the body He has given each one of us. This message from Andy Meade lays the Biblical foundation for training and maintaining your Body for God.

Three ways we _____ our bodies:

1. When I ask the _____.

“Everything is permissible for me but not everything is beneficial. Everything is permissible for me but I will not be mastered by anything.”

1 Corinthians 6:12

- The wrong value question is ... Is it permissible? Is it legal?
- The right value question is... What is beneficial?
What is mastering me?

2. When I _____ the Creator.

“Food for the stomach and the stomach for food. God will destroy them both. The body is not meant for sexual immorality but for the Lord and the Lord for the body.”

1 Corinthians 6:13

“The LORD God formed the man from the dust of the ground and breathed into his nostrils the breath of life, and the man became a living being.”

Genesis 2:7

“For you created my inmost being; you knit me together in my mother’s womb. I praise you because I am fearfully and wonderfully made; your works are wonderful, I know that full well.”

Psalms 139:13-14

3. When I _____ my future.

“By His power God raised the Lord Jesus from the dead, and He will raise us also.”

1 Corinthians 6:14

Three reasons God says our physical body is valuable:

1. Because my body is a _____ of Christ.

“Do you not know that your bodies are members of Christ?...”

1 Corinthians 6:15

2. Because my body is a _____
for God’s Spirit.

“Or didn’t you realize that your body is a sacred place, the place of the Holy Spirit?”

1 Corinthians 6:19
(The Message)

3. Because my body is *not* _____.

“...You are not your own; you were bought at a price. Therefore honor God with your body.”

1 Corinthians 6:19-20

My attitude towards my physical body (check one):

Sole Owner

Caretaker

What was the price paid for my body?

“You know that in the past you were living in a worthless way, a way passed down from the people who lived before you. But you were saved from that useless life. You were bought, not with something that ruins like gold or silver, but with the precious blood of Christ, who was like a pure and perfect lamb.”

1 Peter 1:18-19 (NCV)