

## GETTING SPIRITUALLY FIT

Living For Something Greater Part 2 of 3

**“Take the time and the trouble to keep yourself spiritually fit.”**  
1 Timothy 4:7 (Phillips)

**“So exercise yourself spiritually, and practice being a better Christian because that will help you not only now in this life, but in the next life too.”**  
1 Timothy 4:8 (Living Bible)

### THREE LIFE CHANGING SPIRITUAL HABITS

1. Get \_\_\_\_\_ with \_\_\_\_\_ every day.

“Quiet time” is for Bible reading and prayer.

THE REASON: To get \_\_\_\_\_ from God.

**“Show me the path where I should go, O Lord; point out the right road for me to walk. Lead me...”**  
Psalm 25:4 (Living Bible).

THE ROUTINE: To get \_\_\_\_\_ with God.

**“Jesus often withdrew to lonely places and prayed.”**  
Luke 5:16

THE RESULT: \_\_\_\_\_ what you ask for.

Jesus: **“If you remain in me and my words remain in you, then you may ask for anything you wish, and you shall have it!”**  
John 15:7 (Good News)

**“...You do not have, because you do not ask God.”**  
James 4:2

2. Give a \_\_\_\_\_ to \_\_\_\_\_ every week.

“Tithing” is giving the first 10% of my income back to God.

THE REASON: It \_\_\_\_\_ me closer to God.

**“Where your treasure is, there your heart is also.”**  
Matthew 6:21

**“The purpose of tithing is to teach you always to put God first in your lives.”**  
Deuteronomy 14:23 (LB)

THE ROUTINE: The first day of \_\_\_\_\_ week.

**“On the first day of every week, set aside some of what you have earned and give it as an offering. The amount depends on how much the Lord has helped you earn.”**  
1 Corinthians 16:2 (LB)

THE RESULT: Incredible \_\_\_\_\_.

**“Bring your whole tithe into My storehouse. Test me in this,’ says the LORD Almighty, ‘and see if I will not throw open the floodgates of heaven and pour out so much blessing that you will not have room enough for it.”**  
Malachi 3:10

Haggai 1:2-11

3. \_\_\_\_\_ with other believers regularly.

“Fellowship” with other believers in a small group.

THE REASON: To \_\_\_\_\_ & to be encouraged.

**“Let us not give up the habit of meeting together...instead, let us encourage each other...”**  
Hebrews 10:25 (GN)

THE ROUTINE: At church \_\_\_\_\_ at homes.

**“(They met) day after day, in the Temple courts and from house to house.”**  
Acts 5:42

THE RESULT: More \_\_\_\_\_.

**“Two are better off than one, because together they are more effectively. If one of them falls down, the other can help him up.”**  
Ecclesiastes 4:9-10 (GN)

### A GROWTH COVENANT

**“...We are making a binding agreement, putting it in writing and our spiritual leaders are affixing their seals to it.”**  
Nehemiah 9:38