

THE BEDROOM: BATTLEGROUNDS OR PLAYGROUND?

Extreme Home Makeover For Couples - Part 8 of 12

“Then God made . . . a woman and brought her to the man. ‘This is it!’ Adam exclaimed . . . The man and his wife were both naked, but neither was embarrassed or ashamed.”

Genesis 2:22, 25 (Living Bible)

Why God Created Sex

- To promote (Eph. 5:31)
- To provide (Pr. 5:18-19)
- To produce (Gen. 1:28)

3 KEYS TO ENJOYMENT

1. The right _____.

“For everything God created is good, and nothing is to be rejected, but all is to be received with a prayer of thanks.” 1 Timothy 4:4 (Good News)

“Marriage is honorable and the marriage bed undefiled.” Hebrews 13:4

“Be happy, yes rejoice in your wife . . . Let her . . . tender embrace satisfy you. Let her love alone fill you with delight.” Proverbs 5:18-19 (Living Bible)

“Use every part of your body to glorify God.” 1 Corinthians 6:20

2. The right _____.

“. . . You have made me eager for love . . .” Song of Solomon 6:12 (GN)

Creating the Atmosphere

(Song of Solomon - Good News Translation)

- Privacy (2:5)
- Unhurried time (5:1b)
- Complimenting (1:15-16)
- Attractive attire (4:9, 11)
- Affectionate touching (2:6)
- Special places (7:12)
- Fragrances (1:12)
- Intimate talk (4:16)
- Total commitment (8:6-7)

3. The right _____.

“A man should fulfill his duty as a husband and a woman should fulfill her duty as a wife, and each should satisfy the other’s needs. The wife’s body doesn’t belong to her alone but also to her husband. In the same way, the husband’s body doesn’t belong to him alone but also to his wife.”

1 Corinthians 7:3-4 (GN/NIV)

“You husbands must be careful of your wives, being thoughtful of their needs . . .” 1 Peter 3:7 (Living Bible)

“Do not cheat each other of normal sexual relations, unless you both decide to abstain temporarily to make special time for prayer. But afterwards you should resume relations as before, or you will expose yourselves to the obvious temptations of Satan.”

1 Corinthians 7:7 (Phillips)

Suggested Reading

- Intended for Pleasure, Dr. Ed Wheat (Revell)
- The Gift of Sex, Dr. Cliff and Joyce Penner (Word)